

WELCOME TO MAGNOLIA HEALING ARTS

ACUPUNCTURE AND EAST ASIAN MEDICINE

INFORMATION AND CONSENT FORM

“*EAST ASIAN MEDICINE*” means a health care service using East Asian Medical diagnosis and treatment to promote health and treat organic or functional disorders.

The scope of practice for an East Asian Medicine practitioner in the State of Washington includes the following: the use of acupuncture needles to directly or indirectly stimulate acupuncture points and meridians; use of electrical, mechanical, or magnetic devices to stimulate acupuncture points and meridians; *moxibustion* (heat applied to points), acupressure; cupping on the body; dermal friction technique; infra-red wave therapy; *sonopuncture*; *laserpuncture*; point injection therapy; dietary advice and health education based on East Asian medical theory; the recommendation & prescribing of herbal medicines and nutritional supplements; breathing, relaxation, and East Asian exercise techniques; and *Qi Gong*; East Asian *Tui na* (bodywork) which does not include spinal manipulation; and specific heat and cold therapies.

Acupuncture is performed by the insertion of ultra-thin pins through the skin to stimulate the body’s own electrical pathways. This promotes the secretion of the body’s own neurotransmitters (pain relievers, anti-inflammatory chemicals, etc.). Our pins are all disposable and only used once. Upon removal, the pins are placed in a biohazard waste container.

Occasionally a small drop of blood may be expressed upon removal of acupuncture pins; and there might be a bruise (not so common). If long term muscle tension has been treated, you could feel sore that first night where the muscle has been “released”. Muscle waste products such as lactic acid, free radicals, and toxins get released from the body and will try to exit. For this reason, we always recommend drinking lots of water to assist this detoxification process. During an Acupuncture treatment, electrical pathways of the body are stimulated; the sensation can range from nothing at all, to strong sedation and fatigue. Most people report a feeling of “deep relaxation”. However, if one has not eaten that day, or is excessively depleted, there can be a woozy sensation, dizziness or even nausea. This is rare, but it does happen. Patients must always eat well on the day of treatment. Rare side effects of Acupuncture are pneumothorax, broken needle, or infection. Again, our clinic only uses sterile, disposable, one-time use needles.

Herbal therapy involves the prescribing of herbs and/ or nutritional supplements to correct the imbalance of a particular patient. Each body’s chemistry is unique, and thus the herb prescribing process often involves refining. As your condition changes, your herbs/supplements might need to be adjusted in dose, or even formula. Always let your practitioner know if you are experiencing any adverse reactions such as stomach upset or changes in bowel habits. The correct formula balance should cause little to no side effects.

East Asian Medicine is a complementary health modality that is not meant to supplant the other members of your health team. We expect that all of our patients also have a primary care practitioner (MD, DO, or ND) as well, and that this practitioner is aware of any serious medical disorders that arise.

I have read the above consent. I have also had an opportunity to ask questions about its content, and by signing below, I agree to the above named procedures. I intend this consent form to cover the entire course of treatment for my present condition, and for any future condition(s) for which I seek treatment. I also understand that I am responsible for payment of treatments, whether I have Insurance Assistance, Personal Injury Settlement Assistance, or not.

Print Patient Name _____

Patient's Signature (or Guardian's Signature) _____

Witness to Patient's Signature _____ **Date** _____

PRACTITIONER QUALIFICATIONS AND LICENSE INFORMATION

INGRID VU, EAMP, Dipl.Ac, MAc.OM (OREGON COLLEGE OF ORIENTAL MEDICINE, 1999); NATIONAL BOARD CERTIFICATION FOR ACUPUNCTURE & ORIENTAL MEDICINE (NCCAOM #13410); **B.A.** (UNIVERSITY OF WISCONSIN – MADISON, 1991); STATE OF WASHINGTON LICENSE OF EAST ASIAN MEDICAL PRACTICE (AC 541)

NICOLA CATTLIN, EAMP, Dipl.Ac, MSTOM (PACIFIC COLLEGE OF ORIENTAL MEDICINE, 2004); **B.S.** (SAN DIEGO STATE UNIVERSITY, 1998); NATIONAL BOARD CERTIFICATION FOR ACUPUNCTURE & ORIENTAL MEDICINE (NCCAOM #25535); STATE OF WASHINGTON LICENSE OF EAST ASIAN MEDICAL PRACTICE (AC 604633312)